**Reiki Services**

Reiki is hands on Japanese form of energy healing. A practitioner of Reiki is a conduit between the universal life force energy AND you. The practitioner is NOT healing you! The practitioner is offering you the energy. Your body accepts the energy and activates your own healing processes by bringing balance to the body.

Reiki works at all levels of the human body. This means Reiki works at the physical, mental, emotional AND spiritual body. Reiki helps us relieve ourselves of emotional blocks and restrictions we may be holding onto that may be creating a physical symptom in our body such as; pain, inflammation, anxiety, stress, digestion issues etc.

What do you suffer from?

* Stress/Anxiety
* Back pain
* Allergies
* Asthma
* Arthritis
* Lack of energy
* Insomnia
* Migraines/headaches
* Hot flashes
* Digestion/stomach issues
* Sciatica

This is just a short list of symptoms Reiki can help with. Reiki is safe for everyone and everything. Reiki can help you get your whole body back into balance. You will think better, feel better, look better and take better action in life. If you are interested in giving Reiki a try, I offer ALL NEW clients $15 off their first session! So, there is no better time to try Reiki than NOW!

**Reiki Services offered:**

\*Reiki Sessions \*Reiki w/Crystal Healing \*Animal Reiki \*Distant Reiki

Contact Rita to learn about your Reiki options.

Email: [healing4harmony.wb@gmail.com](mailto:healing4harmony.wb@gmail.com)

Call/Text: (608) 408-6643

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**Reiki Training, Certification and Attunements**

Ready to take your healing journey to the next level? I can help with that too! Let's get you attuned to Reiki. A Reiki attunement will help you take healing to the world.

A Reiki attunement is a magical experience. The attunement will set you up for success in helping or assisting others in healing from the inside out. Reiki will transform your life in many ways. You will physically, mentally, emotionally, AND spiritually see a difference.

Reiki attunements are done in levels. There are 3 levels of Reiki, AND YES, I do teach and attune ALL levels of Reiki. Please note, most Master Teachers will hold a class and attunement. From there you are set to take your Reiki attunement to the world. HOWEVER, for me, I have decided to have more of a commitment to my students, so I have developed my own APPRENTICESHIP for all levels of Reiki.  My apprenticeships will allow for practice with clients, both mine and yours, AND gives you the opportunity to work with other modalities such as crystal healing, pendulum dowsing, etc. Here is the breakdown of my apprenticeships.

***Level 1 - Self Reiki***

Class and attunement. 10 practice clients will be required to receive certification. This level of Reiki includes and introduction to energy healing. You will also receive an introduction to grounding, breathing, and meditation exercises to guide your clients in relaxation techniques.***Cost: $250***

***Level 2 - Distant Reiki***

Class and attunement. 10 clients will be required to receive certification. This level of Reiki will teach 3 symbols designed to change the way you use Reiki healing energy. Within this apprenticeship you will create a Distant Reiki box and learn how to use crystal healing therapy as an additional tool during a Reiki session.  You will receive my Introduction to Crystal Healing Therapy course via PowerPoint. ***Cost $400***

​***Level 3 - Master Teacher***

Class and attunement. 20 clients AND 3 attunements will be required to receive certification. This level of Reiki will introduce you to 3 more symbols including the attunement symbol. You will learn how to give attunements and be required to perform level 1, 2 and 3 attunements. During the apprenticeship you will learn Pendulum dowsing as an additional tool for yourself and your clients. We will also cover how to utilize your intuitive skills via angel/tarot cards. This will allow you assist your clients with multiple services. ***Cost $600***

All Reiki Attunement and classes require a ***NON-REFUNDABLE*** deposit of $100 at the time of booking the class. The remaining balance will be due upon arrival for your class/attunement